# Benefits of Using Information and Communication Technology in the Control of Residues in Medicine Production Within Public Organizations: A Sustainability Practice

Cristina Conceição Rocha Guedes<sup>1,2\*</sup>, Charles da Silva Bezerra<sup>1,2</sup>, Maria de Lourdes Ferraz Heleodoro<sup>1,2</sup>, Aloisio Santos Nascimento Filho<sup>2</sup>

<sup>1</sup>Oswaldo Cruz Foundation; <sup>2</sup>SENAI CIMATEC University Center; Salvador, Bahia, Brazil

This case study aims to elucidate the advantages of employing communication and information technology tools for disposing of pharmaceutical residues in a public production laboratory, highlighting its significance as a sustainable practice. The study employs a qualitative approach, incorporating applied methodology, technical procedures, bibliographic document research, and a case study with an exploratory objective. The primary outcomes reveal enhancements in optimization processes, reflecting paradigm shifts and technologies within laboratory operations. The study concludes that substantial impacts have occurred in work processes, fostering the dissemination of sustainability practices within the organization.

Keywords: Residues Management. Sustainability. Pharmaceutical Industry. Information and Communication Technology. Public Laboratory.

#### Introduction

The evolution of industrial processes in the pharmaceutical industry has led to the development of new technologies and health inputs, impacting the environment through the increased generation of residues often disposed of inadequately [1]. A Syndicate of Pharmaceutical Industries study in Brazil reported that the pharmaceutical industry moved approximately BRL 76.98 billion in 2020, creating 90,025 thousand direct jobs at the beginning of the same year in companies manufacturing drugs for human use [2].

While this intense production benefits the economy by creating jobs and enhancing access to medicines, it poses a significant environmental challenge. Despite economic, labor, and social advances, the environmental impact must be transparently discussed with society [1]. Environmental preservation has been a subject of discussion in Brazil since the 1990s, with sustainability gaining traction in technical, scientific, and political spheres [3].

The Sustainable Development Goals (ODS) urge governments to devise strategies for socioenvironmental action [4]. Waste disposal in the pharmaceutical industry becomes a focal point in aligning actions with these goals. The industry, representing a substantial portion of the global health-productive market, generates waste through the production of medicines. The complexities of the drug production process result in various wastes, necessitating proper treatment and disposal [5].

We emphasize that specific rules and procedures governed by applicable laws manage industry residues. Addressing SDG objectives, particularly Objective 6, which emphasizes ensuring the availability and sustainable management of water and sanitation for all, and Objective 9, promoting resilient infrastructures, inclusive and sustainable industrialization, and fostering innovation [4], becomes imperative for the pharmaceutical industry. Improving internal processes to reinforce the sustainability cycle aligns with these objectives, aiming to minimize adverse environmental impacts and achieve the indicators of the 2030 agenda.

The industry's commitment to social responsibility is paramount in managing residues,

Received on 17 September 2023; revised 20 November 2023. Address for correspondence: Cristina Conceição Rocha Guedes. Avenida Comandante Guaranys, 447, Jacarepaguá, Rio de Janeiro, Brazil. Zipcode: 22775-903. E-mail: cristina. guedes@fiocruz.br.

J Bioeng. Tech. Health 2023;6(4):279-283 © 2023 by SENAI CIMATEC. All rights reserved.

necessitating innovative management practices [6]. The pharmaceutical industry has explored adopting information and communication technology tools (ICT) to enhance process controls, especially in managing residues [7-9]. This work presents a case study highlighting the benefits of ICT in controlling waste generated during drug production. It emphasizes its role as a sustainability practice through a systemic solution for managing pharmaceutical residues within a public laboratory warehouse.

### Materials and Methods

### Sample Case Study

The study was conducted in a public Pharmaceutical Laboratory, a technical-scientific unit linked to Brazil's Ministry of Health (MS). Established in 1976, the laboratory serves as a market regulator in the pharmaceutical sector, occupying a 40,000 m<sup>2</sup> facility in Jacarepaguá, Rio de Janeiro, Brazil. The laboratory, certified with ISO 14001 (Environmental Management System) since 2015, operates under the pillars of socio-environmental sustainability, adhering to the 5R concept – Rethink, Reduce, Refuse, Reuse, and Recycle [4].

### **Results and Discussion**

### Warehouse Waste Disposal Process

In 2014, the laboratory acquired the SAP® integrated Information and Management System to optimize and integrate its processes. This system addressed data security concerns, complied with sanitary regulatory requirements, and ensured traceability throughout the production flow and product life cycle. The Logistics Department managed warehouses storing raw materials, packaging materials, and medicines. The department handled inventory control, storage conditions defined by the manufacturer, internal expeditions for production and research,

and distribution to State and Municipal Health Secretariats based on the Ministry of Health's strategic programs. Responsibilities also included collecting medicines from customer complaints, managing deviations in quality, and disposing of expired, disapproved, and returned items from customers.

Item disposal emerged as a crucial activity among defined internal procedures, impacting all process stages. Figure 1 illustrates flaws in the warehouse waste disposal process due to inadequacies in the existing computerized system. Consequently, a new system was acquired, necessitating the definition of new activities and routines in its programming. The entire process was programmed into computerized routines within the purchased software, offering advantages such as greater control of item validity, correct disposal of residues, issuance of reports for control bodies, participation of waste-generating areas, accounting control for accountability to control bodies, and reproducibility of actions in SIAFI, the Financial System of the Brazilian Federal Government.

The pharmaceutical industry's high demand has resulted in substantial consumption, leading to numerous consequences related to the improper disposal of medicines. Globalization and the Third Technological Revolution have exacerbated the disposal of drug waste, impacting citizens' lives [4]. Studies reveal that certain substances in drugs resist treatment processes, negatively affecting the environment for extended periods and causing environmental and socioeconomic problems [12]. Changes were implemented in the waste disposal flow to address disposal challenges (Figure 2). The implementation of ICT introduced opportunities for mitigating disposal challenges.

Sustainability has gained increased attention in the pharmaceutical industry, making residue disposal a prominent subject in academic studies [13]. Environmental sustainability, particularly in terms of cleaner production, green supply chains, green materials, and sustainable human resources management, has become a central

#### Figure 1. Failures and opportunities in the warehouse waste disposal process.

	Failures Diagnosed in the Use of the Own Computerized System		Opportunities Diagnosed in the Use of ICT
a. b	There was no write-off of discarded items;	a. b	Creation of Systemic Disposal Flow;
Б.	process, leaving all activity under the responsibility of the	С.	Flow initiated and controlled by the Logistics Manager:
	Warehouse Manager;	d.	Approval flow, with justification of the reason for
c.	Lack of accounting control, as the system did not have		disposal, being attached to the system;
	accounting logic;	e.	Easy-to-understand flow;
α.	or expired drugs, from the regulated waste classifications:	T.	Participation of the Accounting Sector, in the accounting items' classification:
e.	The activities were time-consuming, due to the processing	q.	Systemic action in real time, through the integrated
	of authorizations for disposals being carried out through	Ŭ	system;
	memorandums, causing an increase in stock in the	h.	Information sharig at all stages of the process;
£	rejected areas;	i	Transformation of items into classified waste in the
١.	controlled	i	Blocking of disapproved stock, preventing movement:
		J. k.	Control of quantity and final value of the disposal:
		I.	Systemic write-off and automatic transformation into
			classified waste, according to the waste legislation;
		m.	Issuance of tax documents;
		n.	Projection of annual quantity, for the elaboration of
			specialized in the final destination:
		о.	Issuance of reports containing all information from the
			approval of the disposal to the issuance of the INEA
			Manifest;
		р. С	Elaboration of indicators;
		ч.	for transfer between virtual stock and waste deposits:
		r.	Search by Waste Manifest number;
		s.	Search by DANFE number, as inserted in the Manifest;
		t.	Search for Original Material Transfer document used in
			the Disposal Approval Flow;
		u. v	Name of the disposal approver resposible for the
			disposal approval information;
		w.	Annual search criteria for disposal documents;
		х.	Description of the source material;
		у.	Return date of the Manifest, as a Workflow closing step.

Source: Authors by internal management report (2012).

focus of management studies [3]. The regulation of waste management in the pharmaceutical industry underwent multiple changes from 1981 to 2022, reflecting legislative efforts to address environmental concerns (Figure 3).

### Conclusion

ICT has significantly advanced responsible waste disposal in the pharmaceutical laboratory studied. The impacts on work processes were notable, including a reduction in the storage time of disapproved or expired items, the transformation of manual processes to computerized systems, faster processes, enhanced reliability of records with control bodies, real-time traceability, provision of disposal indicators, issuance of reports by waste classification/quantity/sector, reduced use of paper and office materials, and the introduction of recyclable disposal bins. ICT provided these advantages and facilitated better management and integration between



Figure 2. Warehouse disposal approval flow.

Source: Disposal Workflow Project Elaboration Report (2016).

involved areas, enhancing the reliability of generated data. On the other hand, it allows for more qualified analyses by managers during decision-making processes, contributing to disseminating a culture of sustainability practices within the organization.

### Acknowledgments

The authors thank Jorge Mendonça, the Director of Farmanguinhos, for providing valuable information for this article. Special thanks to Professors Bruna Aparecida S. Machado, Cristiano V. Ferreira, and Katharine Valéria S. Hodel for their contributions to the Advanced Seminars in the Health Area, enriching the knowledge applied in the development of this article.

## References

- 1. de Carvalho Filho JAA et al. Gestão de resíduos farmacêuticos, descarte inadequado e suas consequências nas matrizes aquáticas. Revista Brasileira de Meio Ambiente 2018;4(1).
- Sindusfarma. Relatório anual 2021. Available at: https://sindusfarma.org.br/uploads/Publicacoes/RAA\_ Sindusfarma\_2021\_Ebook.pdf. Accessed on: July 17, 2023.
- 3. Milanesi M, Runfola A, Guercini S. Pharmaceutical industry riding the wave of sustainability: Review and opportunities for future research. Journalof Cleaner Production 2020;261.
- 4. Falqueto E, Kligerman DC., Assumpção RF. Como realizar o correto descarte de resíduos de medicamentos? Ciência & Saúde Coletiva 2010;15:3283-3293.
- ONU Organização das Nações Unidas. Relatório Anual das Nações Unidas no Brasil 2022. Available at: https://BRASIL.un.org/pt-br/225756relat%C3%B3rioanual-das-na%C3%A7%C3%B5es-

08/31/81 NATIONAL ENVIRONMENTAL POLICY - LAW 6.938 8 (PRESIDENCY OF THE REPUBLIC)	02/12/88 LAWS ON ENVIRON CRIMES - LAW 9 (PRESIDENCY OF REPUBLIC)	MENTAL .605 • THE	10/29/02 CONAMA RESOLUTION № 313	04/29/05 CONAMA RESOLUTION Nº 358	
<ul> <li>Pesevation, improvement and recovery of the environmental quality conducive to life, aiming to ensure, in the country, conditions for socioeconomic development in the interests of national security and the protection of the dignity of human life</li> </ul>	<ul> <li>Criminal and administ sanctions derived from and activities harmful t environment, and othe provisions:</li> <li>Regulates the proper p processing, packaging marketing, transport at as well as other activiti potentially polluting so</li> </ul>	rative o conduct o the r production, , nd storage, les, of lid waste.	Provides for the national inventaty of Solid waste Industrial	Provides for the treatment and final disposal of waste from health services and provides other measures     08/02/10	
03/30/22 MINISTRIY OF RESOLUTION HEALTH-AGENCY NATIONAL SURVEILLANCE SANITARY N° 658 • Provides for the general guidelines of Good Manufacturing Pharmaceutical (GMP)		MINISTRIY OF RESOLUTION HEALTH-AGENCY NATIONAL SURVEILLANCE SANITARY N° 222 • Good Practices for managing waste from halthcare services		PNATIONAL SOLID WASTE POLICY LAW 12.305 (PRESIDENCY OF THE REPUBLIC) • Adequate environmental management based on guidelines that direct solid waste to correct disposal	

Figure 3. Regulation of waste management in the pharmaceutical industry.

Source: Authors.

unidas-no-BRASIL-2022. Accessed on:June 13, 2023.

- Nimita JJ et al. Current scenario of solid waste management techniques and challenges in COVID-19 – A review. Heliyon 2022;8(7):e09855.
- Diniz GM, de Abreu MCS. Disposição (ir) responsável de resíduos sólidos urbanos no estado do Ceará: desafios para alcançar a conformidade legal. Revista de Gestão Social e Ambiental 2018;12(2):21-37.
- Gonçalves MAC, Henkes JA. Identificação, rastreabilidade e certificação de resíduos sólidos: uma proposta para validação emum ambiente universitário hospitalar. Revista Gestão & Sustentabilidade Ambiental 2014;3(1):373-464.
- Klein FB, Gonçalves-Dias SLF, Jayo M. Gestão de resíduos sólidos urbanos nos municípios da Bacia Hidrográfica do Alto Tietê: uma análise sobre o uso

de TIC no acesso à informação governamental. Urbe. Revista Brasileira de Gestão Urbana 2018;10:140-153.

- 10. Buss PM, Carvalho JR, Casas CPR. Medicamentos no Brasil: Inovação e acesso. Editora FIOCRUZ 2008.
- Lustosa JHN, Castro SMM. Gerenciamento de resíduos farmacêuticos, medicamentos vencidos, no município de Corrente-Piauí (Brasil). Revista brasileira de meio ambiente 2019;7(2).
- de Queiroz LL, Lemes Pontes SR. Práticas de descarte de medicamentos entre moradores do município de Trindade – GO. Saúde (Santa Maria), [S. l.] 2021;47(1). DOI: 10.5902/2236583463932. Available at: https:// periodicos.ufsm.br/revistasaude/article/view/63932. Accessed on:July 17, 2023.
- Schneider JL, Wilson A. Rosenbeck JM. Empresas farmacêuticas e sustentabilidade: uma análise do relato corporativo. Referência 2010;17: 421 e 434.